RENEWING YOUR MIND DISCIPLESHIP MINISTRY

SERMON NOTES

for Living Life Intentionally

A sermon application guide for your week

ON SUNDAY

DATE _____ CHURCH _____ SPEAKER _____

Scripture passage

The truth I heard *in one sentence*

RULES OF ENGAGEMENT

1 **No vague answers.** "I need to be better" or "trust God more" doesn't count.
2 **Make it personal.** Your situation, not general theology.
3 **Connect it to real life:** a person, a moment or a behavior.

Where does this meet my week? *Name one. Be specific.*

A person

A moment

A behavior

My prayer *Lord, help me live what I heard today.*

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"Let God transform you into a new person by changing the way you think."
Romans 12:2 NLT

MY NOTES *as you listen*

Points, verses, questions, anything that speaks to you.

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THROUGH THE WEEK *Practicing the four parts of The Process*

"For God is working in you, giving you the desire and the power to do what pleases him."

Philippians 2:13 NLT

1 RECOGNIZE

Where did the old response show up this week? What happened?
It's fine if you only noticed afterward.

2 EXAMINE

What does Scripture say about it? What is true?

3 RESPOND

How did you respond, or how will you respond next time,
according to that truth?

4 REINFORCE

The verse I'll keep before me, and what I'll keep practicing:

Before next Sunday: *What has God been showing me this week?*

Want to go deeper?

Milestones gives your group ten weeks to practice this together, with teaching from Daniel Lafleur, author of Renewing Your Mind.

renewingyourmindministry.com

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